

CURRICULUM VITAE

Dr. Vasileios Soumplis

Personal Details

Name: Dr Vasileios M Soumplis

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Telephone: Home 2721080212 **Mobile:** 6945893111

Date of Birth: 23rd February 1973

Place of birth: Athens, Greece

Nationality: Greek

GMC Full Reg: 6059513 (Specialist register entry on the 31/05/2011)
Annual retention fee due date: 19/03/2014

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Qualifications

- **Medical Specialty of Ophthalmology (CCST equiv), May 2010.**
- **MRCOphth. Part I – Edinburgh, September 2004.**
- **ATLS – University Hospital of Coventry, June 2003.**
- **Ptychio Iatrikes (Medical Degree) MBBS equiv- University of Athens, Medical School, Grade: Very Good, July 1999.**

General Education

- **GCE Advanced Levels:
Chemistry (A); Physics (A); Biology (A); Modern Greek(A)
EPL School, Kalamata, Greece (1988-1992)**

Higher Specialist Training – Appointments

- **Consultant Ophthalmic Surgeon** **November 2013 – present**
Private practice, Kalamata, Greece

- **Locum Consultant** **November 2012 – August 2013**
West of England Eye Unit, Royal Devon & Exeter Hospital, UK

The West of England Eye Unit is one of the most historical eye departments in UK with more than 200 years of service and a catchment area of about 350,000. In this hospital I am enjoying a Locum Consultant post with responsibilities in a variety of outpatient clinics (Medical Retina, General Ophthalmology, Glaucoma and Oculoplastics). Although this post is not aimed for training, it is giving me the opportunity to expand my experience in the diagnosis and management of common Medical Retina patients and exposure in a wide variety of complicated Glaucoma cases.

- **Locum Consultant** **November 2011 - November 2012**
Kalamata General Hospital, Greece

The Kalamata General Hospital is one of the largest and newest hospitals in South Greece with a catchment area of about 160,000. The Ophthalmology department is moderately equipped with Argon and YAG lasers, SD-OCT, FFA and visual field analyser. Most cataracts are performed as day cases using phacoemulsification and foldable IOLs. In this hospital I am enjoying my first Consultant post being responsible for the A&E department and two general Ophthalmology clinics with exposure to a variety of cases including mainly Cataract, ARMD, Diabetic Retinopathy and Glaucoma.

- **Medical Retina – Teaching Fellow** **June 2010-August 2011**
Moorfields Eye Hospital NHS Foundation Trust **(15 months)**

Moorfields Eye Hospital is an internationally renowned institution and a recognised world leader both in general ophthalmology practice and in specialized clinical research in diverse fields. During the last 15 months I participated in all general and specialist clinics of the Medical Retina and Uveitis Service. I also had the opportunity to develop my skills through extensive teaching programme and exposure to a wide variety of Medical Retina cases including Diabetic Retinopathy, ARMD, Retinal Vascular Disease, Uveitis, Genetics and Oncology; receiving at the same time advanced training in all aspects of diagnostic as well as therapeutic methodologies. Regarding my teaching duties I have been actively involved in organizing and delivering small and large group teaching, large scale lectures and clinical skills teaching for the 3rd, 4th, and 5th year University College London medical students, as well as 4th year Barts and The London medical students.

In addition during the above period of time my duties included:

- Two clinics per week in the Cornea and External disease department from February 2011 until end of August 2011,
- Participation as an examiner in the year 3 final Ophthalmology exams (OSCEs) of the University College London medical students,
- Participation in the organization and delivery of the Moorfields Academy meetings,
- Participation in the steering committee of the UK's first microsurgical skills course for Undergraduate Medical students,
- Participation in the organization of the Royal Society of Medicine Careers fair as well as University careers' fairs,
- Responsible for the organization of the weekly formal Medical Retina teaching for the period of February 2011 until end of August 2011,
- Participation in extra locum duties in the intravitreal clinic (Retina Therapy Unit) and the Accident & Emergency department,
- Organization of 3 fluorescein FFA meetings (6/7/2010 with Mr Pal, 12/10/2010 with Mr Andrews and 19/07/2011 with Mr Sagoo).

➤ **Resident in Ophthalmology**
Athens Eye Hospital

June 2006-April 2010

The Athens Eye Hospital is a reference center in Ophthalmology in Greece that provides an active teaching environment. During the last 4 years, following a well structured teaching program, I rotated around the subspecialist medical retina, cornea, glaucoma clinics, as well as the outpatient and casualty clinics. I was trained in automated perimetry, GDx, FFA-ICG, OCT, IOL Master and in performing Laser (PRP and macular). Athens Eye Hospital is one of the biggest cataract centers in Greece performing more than 3500 cataract operation per year. During my 4 years training period I have performed 120 phacos, 6 ECCes, 1 ICCE and 1 trabeculectomy as well as a significant number of intravitreal injections. Finally I attended a regular well organized teaching program (twice per week) as well as the regional teaching program of the residents at the Academic Department of Ophthalmology, Medical School (once a week).

Basic Medical Training – Appointments in UK

➤ **Research Fellow**
University of Warwick – Medical School

Sept 2004 – Apr 2006

The Warwick University Medical School is a world class centre for research in medical science and clinical effectiveness. In this top rated research University I undertook a clinical research fellowship under the supervision of Dr. Grammatopoulos (Professor of Molecular Medicine). The topic of my research project was: NOS(eNOS and iNOS) and VEGF genes polymorphisms and risk of severe Diabetic retinopathy. I have also had the opportunity to gain experience in laboratory techniques such as DNA, RNA extraction and PCR as well as to introduce myself in ophthalmic research.

➤ **Locum Senior House Officer in Neurosurgery**

Sept 2004 - Sept 2005

During this period I worked as a Senior House Officer in Neurosurgery in several Neurosurgical Units of London, Midlands and Wales.

➤ **Senior House Officer in Neurosurgery**
Walsgrave Hospital, University Hospitals of Coventry and Warwickshire

April 2003 – Aug 2004

In this busy teaching hospital unit I had an ample opportunity to improve my management of both ward and Intensive Care neurosurgical patients and better my knowledge of head and neck and neuroanatomy and interpretation of CT and MRI scans. I have also had the opportunity to attend all ward rounds, clerk all new patients and see emergency admissions under the guidance of senior staff. Finally I attended a regular well organized teaching program (twice per week) as well as a weekly neuroradiology meeting, a monthly neuro-oncology meeting and also the formal teaching sessions on the ward.

➤ **Clinical Attachment in Ophthalmology**
Aintree Hospitals NHS Trust, University Hospital Aintree

Jan 2003 – Mar 2003

The University Hospital Aintree is one of the largest teaching hospitals in Liverpool. In the Ophthalmology Department I had a high standard training program which gave me an excellent opportunity to examine patients in outpatient clinics and in casualty under supervision. In addition, I have been very fortunate in being able to attend regular sessions in Fundus Fluorescein Angiography and Orthoptics. Finally I attended the regional teaching program of the Senior House Officers at the Royal Liverpool Hospital (1/2 day), as well as the regular teaching in the Aintree Hospital.

Basic Medical Training – Appointments in Greece

➤ **Basic Sciences Demonstrator** **Sept 2001 – Jul 2002**

This position involved teaching nursing students basic sciences and anatomy (2 hours / week). It provided an excellent opportunity to build on my knowledge of the basic sciences as well as the skills to impact this knowledge to a class of students in an effective, enthusiastic manner.

➤ **Tutoring Lyceum Biology classes** **Sept 2001 – May 2002**

Part of the Greek Ministry of Education plan of extra assisting education (10 hours / week). This part time post was an excellent opportunity to expand my teaching experience.

➤ **Senior House Officer in General Surgery** **Aug 2001 – Mar 2002**
Kalamata General Hospital, Greece

During this period I undertook supervised daily ward rounds. I was responsible for the clerking of new patients and the dictating of discharge summaries. In addition I attended out patient clinic, where I become familiar in dealing with a wide variety of surgical problems as well as the management of the surgical trauma. I participated as an assistant in 153 operations and as a supervised surgeon in 5 appendicectomies and many other minor operations learning the principles of surgery and microsurgery. I also had the opportunity to work in the Accident and Emergency Department as part of my on call rota and assisted in the Blood Transfusion Unit.

➤ **Senior House Officer in A & E Department** **May 2001 – Jul 2001**
Kalamata General Hospital, Greece

This post allowed me to improve my care of acutely unwell adults increasing my confidence in dealing with the traumatised patient, and in performing minor procedures in the departmental theatre. It improved my decisiveness, time-management and interpersonal skills in all manner of cases.

➤ **Compulsory Military Service** **Sept 1999 – Mar 2001**
Medical Lieutenant in the Greek Army

During this period I was responsible for the medical care of the military staff of several units. I became familiar with the discipline of the Army and gained experience in leadership and organization skills.

➤ **Compulsory Rural Service, Paradeision, Evia** **Nov 2000 – Mar 2001**

I was responsible for the primary medical care of 10 villages in the area. During this period I also worked in the Accident and Emergency Department of Karystos General Hospital which covers a population of nearly 20.000. I also worked in the Orthopedics Department where I assisted in several operations.

Medical School Electives

➤ **Elective in General Surgery** **Mar 1997 – April 1997**
Division of Surgical Oncology, State University of New York, Buffalo, USA

Being always interested in acquiring new skills and enthusiastic in enriching my experience in Surgery, I was nominated from the University of Athens to take a two months period elective to the Division of Surgical Oncology at the State University of New York at Buffalo under the supervision of Professor Constantine P. Karakousis. During this period I attended daily rounds, outpatient clinics and participated in the operative theatres.

Publications

- 1. Phenotypic findings in C1QTNF5 retinopathy (late-onset retinal degeneration; LORD).**
Soumplis V, Sergouniotis PI, Robson AG, Michaelides M, Moore AT, Holder GE, Webster AR.
Acta Ophthalmol, 2013 May;91(3):e191-195.
- 2. Response of corneal hysteresis and central corneal thickness following clear corneal cataract surgery.**
Kandarakis A, Soumplis V, Karampelas M, Koutroumanos I, Panos C, Kandarakis S, Karagiannis D.
Acta Ophthalmol. 2012 Sep; 90(6): 526-9.
- 3. Recurrence of macular edema in retinal vein occlusions after treatment with intravitreal ranibizumab (Lucentis).**
Karagiannis D, Karampelas M, Soumplis V, Amariotakis C, Georgalas I, Kandarakis A.
Can J Ophthalmol. 2011 Dec;46(6):486-90.
- 4. A case of bilateral self-induced keratoconus in a patient with Tourette syndrome associated with compulsive eye rubbing: Case report.**
Kandarakis A, Karampelas M, Soumplis V, Panos C, Makris N, Kandarakis S, Karagiannis D.
BMC Ophthalmol. 2011 Sep 21;11(1):28.
- 5. Comparison of Dynamic Contour Tonometry and Goldmann Applanation Tonometry following Penetrating Keratoplasty.**
Kandarakis A, Soumplis V, Pitsas C, Kandarakis S, Halikias J, Karagiannis D.
Can J Ophthalmol. 2010 Oct;45(5):489-93.
- 6. Efficacy of brimonidine in preventing intraocular pressure spikes following phacoemulsification in glaucoma patients.**
Kandarakis A, Soumplis V, Karampelas M, Panos C, Kyriakos N, Baxevanakis A, Karagiannis D.
Eur J Ophthalmol. 2010 Nov-Dec;20(6):994-9.
- 7. Ranibizumab for idiopathic retinal vasculitis, aneurysms, and neuroretinitis: favorable results.**
Karagiannis D, Soumplis V, Georgalas I, Kandarakis A.
Eur J Ophthalmol. 2010 Jul-Aug;20(4):792-4.
- 8. Changing from bevacizumab to ranibizumab in age-related macular degeneration. Is it safe?**
Karagiannis D, Ladas I, Parikakis E, Georgalas I, Kotsolis A, Amariotakis G, Soumplis V, Mitropoulos P.
Clinical Interventions in Aging 2009;4:457–461.
- 9. A case of polypoidal choroidal vasculopathy. Periphery is equally important for such patients.**
Karagiannis D, Soumplis V, Kandarakis A.
Clinical Interventions in Aging 2009;4:315–317.

10. **An atypical case of choroidal neovascularization associated with pseudoxanthoma elasticum.**
Karampelas M, Soumplis V, Webster A.
Greek Annals of Ophthalmology 2011;4:404-406.
11. **Optimization of constants of intraocular lenses after cataract surgery.**
Soumplis V, Karampelas M, Panos C, Giannopoulou PK, Arxontides I, Kafetsouli D, Dipla A, Makris N, Kandarakis A.
Greek Annals of Ophthalmology 2010;3:257-261.
12. **Intravitreal injection of ranibizumab for the treatment of choroidal neovascularization in age-related macular degeneration.**
Karagiannis D, Labrinakis I, Konstantinidou V, Soumplis V, Kiriakos N, Panos C, Kafetsouli D, Kandarakis A.
Greek Annals of Ophthalmology 2009;1:22-7.
13. **Penetrating and non-penetrating glaucoma surgery.**
Kandarakis A, Koutroumanos I, Soumplis V, Panos C, Giannopoulou PK, Arxontides I, Psychogiou E.
Greek Ophthalmic Congress Year Book 2009, 85-90.
14. **Management of cataract and glaucoma.**
Kandarakis A, Koutroumanos I, Soumplis V, Panos C, Giannopoulou PK, Dipla A, Kafetsouli D.
Greek Ophthalmic Congress Year Book 2009, 115-122.
15. **Measuring intraocular pressure – new technologies.**
Kandarakis A, Pitsas C, Soumplis V.
Greek Ophthalmic Congress Year Book 2007, 93-98.
16. **A Case of Choroidal Neovascularization in Familial Retinal Arteriolar Tortuosity.**
Soumplis V, Chang J, Karampelas M, Alan C Bird, Pal B.
Submitted for publication, Eye, October 2011 (manuscript ID: EYE-11-1053)

Presentations

1. **OCT documentation of a macula hole progression from stage 2a to 2b before spontaneous closure (poster presentation).**
Soumplis V, Karampelas M, Pitsas C, Gurmani N, Ling R.
46th Greek Ophthalmic Congress, Costa Navarino, May 2013
2. **Bilateral Choroidal Neovascularization secondary to Best Vitelliform Macular Dystrophy in a 12-years-old boy (poster presentation).**
Karampelas M, Soumplis V.
46th Greek Ophthalmic Congress, Costa Navarino, May 2013
3. **A case of choroidal neovascular membrane in familiar retinal arteriolar tortuosity (e-poster).**
Soumplis V, Chang J, Karampelas M, Sergouniotis P, Pal B.
12th EURETINA Congress, Milan, September 2012

4. **Intravitreal bevacizumab for choroidal neovascularization in a patient with membranoproliferative glomerulonephritis type II.**
Karampelas M, Kopsachillis N, Soumplis V, Pal B.
45th Greek Ophthalmic Congress, Porto Carras, May 2012.
5. **Detailed phenotypic assessment of three individuals with C1QTNF5 retinopathy (late onset retinal degeneration; LORD) (e-poster).**
Vasileios Soumplis, Panagiotis I. Sergouniotis, Anthony G. Robson, Graham E. Holder, Anthony T. Moore, Andrew R. Webster
Joint Congress of European Society of Ophthalmology and American Academy of Ophthalmology, Geneva, June 2011.
6. **Fluorescein Angiography meeting.**
Soumplis V, Sagoo M.
Moorfields Eye Hospital, London, June 2011.
7. **An atypical case of choroidal neovascularization associated with pseudoxanthoma elasticum.**
Karampelas M, Soumplis V, Webster A
44th Greek Ophthalmic Congress, Athens, May 2011
8. **An unusual case of Central Serous Retinopathy associated with topical steroid use post Trabeculectomy. (poster)**
Mohammad H. Dehabadi, Hiten G. Sheth, Michael Karampelas, Vasileios Soumplis, Narciss Okhravi, Keith Barton.
Undergraduate Ophthalmology Conference, Royal Society of Medicine, London, March 2011.
9. **Technique for administering intravitreal anti-VEGF injections. (poster)**
Thanabalasundaram G, Soumplis V, Karampelas M, Sheth H, Pal B, Okhravi N.
Undergraduate Ophthalmology Conference, Royal Society of Medicine, London, March 2011.
10. **Choroidal neovascularisation secondary to Best disease. (poster)**
Vivekananthan C, Juma ZA, Soumplis V, Karampelas M, Sheth H, Okhravi N, Michaelides M.
Undergraduate Ophthalmology Conference, Royal Society of Medicine, London, March 2011.
11. **Case Report: An Atypical Presentation of Idiopathic Bilateral Papillitis associated with Anterior Uveitis. (poster)**
Zain Ali Juma, Michael Karampelas, Vasileios Soumplis, Narciss Okhravi.
Undergraduate Ophthalmology Conference, Royal Society of Medicine, London, March 2011.
12. **Retinal Toxicity Due to Chloroquine and Hydroxychloroquine Therapy. (poster)**
Han Bin Lee, Vasileios Soumplis, Narciss Okhravi, Michel Michaelides.
Undergraduate Ophthalmology Conference, Royal Society of Medicine, London, March 2011.
13. **Fluorescein Angiography meeting.**
Soumplis V, Andrews R.
Moorfields Eye Hospital, London, October 2010.

- 14. Fluorescein Angiography meeting.**
Soumplis V, Bish Pal.
Moorfields Eye Hospital, London, July 2010.
- 15. Comparison of central retinal thickness in normal eyes using time-domain (Stratus OCT3) and spectral-domain (Spectralis) Optical Coherence Tomography.**
Konstantinidou V, Karampelas M, Karagiannis D, Soumplis V, Makrygiannis G, Panos C, Dipla A, Kandarakis A.
43rd Greek Ophthalmic Congress, Thessaloniki, May 2010.
- 16. Rebound oedema following ranibizumab treatment in patients with retinal vein occlusion.**
Karagiannis D, Mitropoulos P, Karampelas M, Amariotakis C, Soumplis V, Konstantinidou V, Parikakis E, Arxontides I, Kyriakos N, Kandarakis A.
43rd Greek Ophthalmic Congress, Thessaloniki, May 2010.
- 17. Axenfeld-Rieger Syndrome. An unusual case.**
Soumplis V, Panos C, Karampellas M, Giannopoulou PK, Dipla A, Arxontides I, Kandarakis A.
Greek Ophthalmology Society meeting, Athens, January 2010.
- 18. Recurrence and rebound oedema following ranibizumab treatment in patients with retina vein occlusion.**
Karagiannis D, Mitropoulos P, Amariotakis C, Soumplis V, Konstantinidou V, Parikakis E, Arxontides I, Kandarakis A.
5th international Congress of Retina-Vitreous, Athens, January 2010.
- 19. Intravitreal injection of Ranibizumab (Lucentis) for macular oedema due to previous branch retinal vein occlusion.**
Karagiannis D, Tzakos M, Parikakis M, Konstantinidou V, Amariotakis C, Soumplis V, Kiriakos N, Mitropoulos P.
42nd Greek Ophthalmic Congress, Crete, May 2009.
- 20. Optimisation of constants of intraocular lenses after cataract surgery.**
Soumplis V, Panos C, Giannopoulou PK, Arxontides I, Kafetsouli D, Dipla A, Karampelas M, Makris N, Kandarakis A.
42nd Greek Ophthalmic Congress, Crete, May 2009.
- 21. Retina pigment epithelial tear after intravitreal injection of ranibizumab (Lucentis) for neovascular age-related macular degeneration.**
Konstantinidou V, Labrinakis I, Kiriakos N, Soumplis V, Filip M, Marouli E, Panos C, Kandarakis A.
41st Greek Ophthalmic Congress, Thessaloniki, May 2008.
- 22. Intravitreal injection of ranibizumab (Lucentis) for the treatment of choroidal neovascularization in age-related and myopic macular degeneration.**
Labrinakis I, Konstantinidou V, Soumplis V, Kiriakos N, Fipil M, Kafetsouli D, Panos C, Kandarakis A.
41st Greek Ophthalmic Congress, Thessaloniki, May 2008.
- 23. Vitrectomy and epiretinal membrane removal without the use of due (trypan blue) and without removal of the internal limiting membrane.**
Tzakos M, Soumplis V, Baxevanakis A, Kandarakis A.
41st Greek Ophthalmic Congress, Thessaloniki, May 2008.

- 24. Changes corneal hysteresis after cataract surgery.**
Soumplis V, Panos C, Marouli E, Koutroumanos I, Makris N, Halikias J, Kandarakis A.
41st Greek Ophthalmic Congress, Thessaloniki, May 2008.
- 25. Results of intravitreal injections bevacizumab in exudative age-related macular degeneration. (e-poster)**
Konstantinidou V, Labrinakis I, Kiriakos N, Filip M, Soumplis V, Psychogiou E, Kandarakis A.
41st Greek Ophthalmic Congress, Thessaloniki, May 2008.
- 26. Ranibizumab (Lucentis) combined with photodynamic therapy for treatment of predominantly classic choroidal neovascularization in age-related macular degeneration. (e-poster)**
Labrinakis I, Konstantinidou V, Filip M, Soumplis V, Marouli E, Arxontides I, Kandarakis A.
41st Greek Ophthalmic Congress, Thessaloniki, May 2008.
- 27. Bilateral superior limbic keratoconjunctivitis due to thyroid dysfunction. (e-poster)**
Pitsas C, Tsouris D, Papadedes G, Soumplis V, Marouli E, Kandarakis A.
41st Greek Ophthalmic Congress, Thessaloniki, May 2008.
- 28. IOP measurements with tonometry (Pascal DCT) and Goldmann applanation tonometry (GAT) in penetrating keratoplasties (PKP).**
Kandarakis A, Pitsas C, Soumplis V, Dipla A, Arxontides I, Halikias J.
40 Greek Ophthalmic Congress, Athens, May 2007.
- 29. The influence of phacoemulsification to intraocular pressure of pharmaceutical controlled glaucomatous patients.**
Soumplis V, Kiriakos N, Mpaxevanakis A, Kantarakis K, Kandarakis A.
40 Greek Ophthalmic Congress, Athens, May 2007.
- 30. Posterior segment surgery (PSS) and sub-tenon's anaesthesia with lidocaine HCl 2% (STA).**
Tzakos M, Pitsas X, Filip M, Dipla A, Soumplis V, Kandarakis A.
40 Greek Ophthalmic Congress, Athens, May 2007.
- 31. Effectiveness & comparison of Dynamic contour tonometry (Pascal DCT) and Goldmann applanation tonometry (GAT) in penetrating keratoplasty.**
Kandarakis A, Pitsas C, Soumplis V, Halikias J.
6th International Glaucoma Symposium – IGS, Athens, March 2007.
- 32. Instruction Course: Cataract for Residents by Residents. Capsulorhexis and hydrodissection.**
Soumplis V.
11th ESCRS Winter Refractive Surgery Meeting & 21st Meeting of the Hellenic Society of Intraocular Implant and Refractive Surgery, Athens, February 2007.
- 29. NOS(eNOS and iNOS) and VEGF genes polymorphisms.**
Soumplis V.
Warwick University Molecular Endocrinology Meeting, May 2005

- 30. Mortality Audit (Jun 2003 – Aug 2003).**
Soumplis V.
Neurosurgery Audit Meeting, Neurosurgery Department, University Hospital of Coventry and Warwickshire, October 2003.
- 31. Medial sphenoid ridge meningiomas – 2 cases.**
Soumplis V.
Neurosciences Meeting, University Hospital of Coventry and Warwickshire, August 2003.
- 32. Mortality Audit (Mar 2003 – May 2003).**
Soumplis V.
Neurosurgery Audit Meeting, Neurosurgery Department, University Hospital of Coventry and Warwickshire, July 2003.
- 33. Lesion owed to lodging of a foreign object into the thorax (unusual case).**
Georgiopoulou E, Absi N, Karakaidos S, Soumplis V et al.
5o Greek – Cypriot Surgical Congress, October 2001.

Postgraduate Courses

- **The Medical Retina Group, 20th Annual Meeting**, Implications to Clinical Practice of Recent Trials and NICE Guidelines on Diabetic Macular Oedema and Retinal Vein Occlusion, Qxford, June 2013.
- **South West Uveitis Update**, Royal Devon & Exeter, February 2013.
- **Uveitis Course**, 12th EURETINA Congress, Milan, September 2012.
- **The Medical Retina Group, 18th Annual Meeting**, Implications to Clinical Practice of Recent Anti-VEGF Trial Results, Qxford, July 2011.
- **EUPO 2011 Course on Uveitis and Glaucoma**, European University Professors of Ophthalmology, Geneva, June 2011.
- **31st Moorfields Alumni Meeting**, London, January 2011.
- **Macular Course**, Moorfields Eye Hospital, November 2010.
- **Adult Basic Life Support, Paediatric Basic Life Support, Automated External Defibrillation Training**, Moorfields Eye Hospital, NHS Trust, London, August 2010.
- **International Conference on Harmonisation – Good Clinical Practice Guideline Course**, Royal Holloway, University of London, July 2010.
- **High Communication Wetlabs: Vitrectomy**, 24th International Congress of HSIOIRS, Athens, February 2010.
- **Detachment Course, Retina and Vitreous Surgery**, Athens, January 2010.
- **Diabetes & Eye**, Greek Ophthalmology Society, April 2009.
- **High Communication Wetlabs: Trauma**, 23rd International Congress of HSIOIRS, Athens, February 2009.
- **Introduction in Refractive Surgery**, Greek Ophthalmology Society, September 2008.
- **2nd EGS European Residents Glaucoma Course**, European Glaucoma Society, Geneva, January 2008.
- **Top ten pitfalls, problem solving strategy, for automated threshold perimetry**, Prof. Alan Zalta, Athens Eye Hospital, April 2007.

- **New concepts in Ophthalmology**, Institute of Ophthalmology, Athens, December 2006.
- **Management of Glaucoma patient – Bacterial Keratitis**, Greek Ophthalmology Society, September 2006.
- **Advanced Trauma Life Support Provider**, Walsgrave Hospital, University Hospital of Coventry and Warwickshire, June 2003.
- **Basic Science Course for Ophthalmology**, University Hospital of Birmingham, Imperial College of Science Technology and Medicine, July 2003.

Distinctions and Prizes

- **Member of the Scientific Board of Athens Eye Hospital** (2008, 2009).
- **Bursary of the I.K.Y. (National Bursary Committee)**
Best student of E.P.L. Lyceum of Kalamata for the years 1988, 1989, 1990. The E.P.L. Lyceum is the largest Lyceum School of Kalamata with more than 1000 students.
- **Best student for all the six years of the Higher – Secondary Education, Gymnasium - Lyceum** (1985, 1986, 1987, 1988, 1989, 1990).
- **Prize in the National examinations of the Greek Mathematics Committee** (1989).

Leisure Interests

- **Languages:** First Certificate in English, University of Cambridge,
Higher Certificate in English, PALS0 Examinations
Certificat de Langue Française, Institut Français d’Athènes.
- **Athletics:** Swimming (member of the National youth team), water polo, sailing, chess.
- **Music:** Guitar, Piano.
- **Traveling:** Traveling experience: U.K., Italy, Switzerland, France, Holland, Spain, U.S.A., Canada.

Referees

- **Prof Andrew R Webster MD, FRCOphth**
Consultant Ophthalmologist, Moorfields Eye Hospital NHS Foundation Trust, London, EC1V 2PD, UK.
e-mail: Andrew.webster@ucl.ac.uk
- **Miss Narciss Okhravi BSc, FRCOphth, PhD**
Consultant Surgeon, Medical Retina and Uveitis Service, Honorary Senior Lecturer, Department of Ocular Biology and Therapeutics (ORBIT), UCL Institute of Ophthalmology, Director of Undergraduate Education, Moorfields Eye Hospital NHS Foundation Trust, London, EC1V 2PD, UK.
e-mail: Narciss.Okhravi@moorfields.nhs.uk
- **Mr Carlos Pavesio MD, FRCOphth**
Consultant Ophthalmic Surgeon, Medical Retinal Service Director, Moorfields Eye Hospital NHS Foundation Trust, London, EC1V 2PD, UK.
e-mail: carlos.pavesio@moorfields.nhs.uk
- **Prof D. Grammatopoulos PhD, FRCPath**
Professor of Molecular Medicine, Director, Clinical Sciences Research Degrees Warwick Medical School, Department of Biological Sciences, University of Warwick, Gibbet Hill Road, Coventry, CV4 7AL, UK.
e-mail: d.grammatopoulos@warwick.ac.uk